



Personal Life Media

More Sex More Often

Dr. Patti Taylor



FREE REPORT

A complimentary excerpt from:

Seduce Her Tonight: Sex Life Strategies for Getting To YES!

From: Sloane Fox

Dear Friend,

If you're reading this eBook, you are looking for ways to increase the amount and quality of your sex life.

Good for you.

I applaud and commend you for taking steps to make not just your sex life, but your whole life better.

One way to help create more frequent sensual connections and experiences in your life is to embrace this simple and highly effective concept as a skill you use for the rest of your life. The notion of making "small offers" and "creating a string of yesses" will serve you with all women in myriad of situations. Even better, his technique works whether you've been married for 50 years or you date a new person every night of the week. It softens women to you and opens up the

pathways of intimacy because it cements a level of trust you can achieve in no better way.

Dr. Patti Taylor's new [Seduction Trilogy](#), a 3 eBook + audio book series, teaches you the **Principles of Arousal** and the **4 Keys to Seduction**. These Keys are effective in increasing your success with most women, because they are based on women's biological wiring and take into consideration the societal conventions that limit our sexual impulses.

In this free report, Dr. Patti shares the foundation concept underlying the entire [Seduction Trilogy](#).

Seduce Her Tonight: Sex Life Strategies for Getting to Yes
Seduction Accelerator: The Most Turn-On and Hottest Sex
Her Sexual Trainer: Unlock Her Most Intense Sensual Responses

The [Seduction Trilogy](#) is a three eBook series, created by Dr. Patti, to help you get more sex more often.

Seduce Her Tonight: Sex Life Strategies for Getting to Yes

The first book introduces the principles of arousal, running menus, and reading her bio-feedback along with the first two of the **Four Keys to Seduction: Small Offers** and **Erotic Vigilance**.

Seduction Accelerator: The Most Turn-On and Hottest Sex

The second book describes the second two of the **Four Keys to Seduction, Vulnerability** and **Vision**, and how integrate all **Four Keys** to become a true sexual genius that gets great sex, regularly.

Her Sexual Trainer: Unlock Her Most Intense Sensual Responses

The third book, helps you give her the hot, juicy pleasure she craves by teaching her to discover and unlock her own intense sexual responses. Learn to leverage your natural masculine leadership to create a safe place for her to explore and empower her sexuality. Teaches the Three Keys of the Master Sexual Trainer: #1 Appreciate, #2) Communicate and #3) Incubate.

All three books include approach tactics effective on even the most shut down woman.

Each of the books is a digital download and comes with a sexy, audio book read by me, Sloane Fox, the sensual ambassador to Personal Life Media.

So let's start with a powerful insight into how women and men are different and why these **Four Keys** work so perfectly.

Enjoy!

Sloane



Sloane Fox

Seduce Her Tonight: Sex Life Strategies for Getting to Yes

EXCERPT

Small Offers

So how do you have more sex, more often? Oh, and let's make sure it's GREAT sex too. We're not sacrificing quality for quantity here, I promise.

The concept in this free report is about making "Small Offers" to achieve a "String of Yeses."

By educating both men and women how to make small offers to each other, we inspire and generate more deliciousness for your sex life.

Note: The second key, **Erotic Vigilance**, is deeply related.

Key #1: String of Yeses—Make offers you sense she'll want to say yes to

You're far more likely to get a “yes,” at least at the beginning of your seduction if you start off with a small offer. Here are five reasons why:

- 1- Small offers, just like small observations and requests, are easier for both men and women to give and receive. They are “easier to digest.”
- 2- People can simply “hear”, or process, a small offer more easily than a large one.
- 3- Small offers are easier to say yes to.
- 4- If you get a “no,” it's a very minor rejection, and you can get it together pretty easily to make another offer.
- 5- Because you are making more frequent offers, you'll be able to tell from her unique biofeedback on what she wants next, and that will point the way to her true path to pleasure.

Men often casually ask a woman, “Do you want to have sex tonight?” This especially occurs in longer-term relationships. They think nothing of asking this question, as they are being very production-oriented and rational, and trying their very best to organize a fun evening. In fact, to a man, they believe they are paying her a compliment. Even if that's true, if they are making an offer that is too big for her at this moment, they may not get the response they were hoping to hear.

Learning to start with small offers that encourage her to say, “yes,” allow you to slowly turn up the heat with her.

Men, you might be an OFF/ON switch, but she's more likely to be a RHEOSTAT.

Starting small, giving her a variety of choices and very slowly, over minutes, hours, an evening, a week or a month, will illustrate to her that you are tuned in to her

desires, trust worthy, not overzealous, considerate of her needs and not only your own, and that you are a sexual genius because of all the terrific ideas you offer.

Running Menus

As you are proceeding, you can “run menus” for her—which is another way to describe the practice of giving someone a range of offers.

Once you have run a menu for her, watch and listen to how she responds. She might not say much, but does she exhibit signs of irritation or boredom, or does her face begin to glow with the sublime hint of a smile?

The menu can be full of suggestions in the same category.

For example, all focused on giving her sensual pleasure, like a foot massage, stroking her hair, or eye gazing.

The menu can be full of suggestions across categories.

For instance, you can offer to adjust the lighting in the room, give her a melting hug, or get her a glass of water.

Pay close attention to which one lights her up the most.

Suppose you offer the menu across categories. If she likes the idea of turning down the lights, you may wish to give her more sensual comfort options, like adjusting the heat in the room, and making sure the phone is turned off.

This is where the art of making offers, or running menus, gets fun and becomes an art form: i.e. knowing at what point you run which menu, or what set of offers, and what size of commitment.

The Biofeedback in a Yes

Biofeedback is one of the very most powerful tools that will serve you in raising her interest and turn-on. You know what feedback is: it's information that comes back to you when you do something—for example, you step on the gas and the car moves faster. If it's going too fast, you ease off the gas, in which case the feedback is that the car slows down.

Biofeedback is feedback in the form of biological signals like her heart beating faster, her breathing getting heavier, her skin becoming warm and flushed.

There are a whole lot of biofeedback signals associated with turn-on, but fortunately you don't have to memorize them because you'll learn how to feel her signals as a steady stream of 'energy'—a kind of presence that's hard to define but very impressive to feel. I suspect you've already had some experience of women becoming hotter or colder.

Now you'll learn how to notice which direction she's heading in a lot faster, and you'll learn to notice very small (but very important) changes. Think of it like this: Suppose today you could only notice whether a car was standing still or going 90 miles an hour. Imagine how different that would be if you could distinguish small changes in speed? Professional race-car drivers must learn to do that.

You can learn to use your body to get information—moment-to-moment—about what and how she feels. This is using biofeedback to enter her world—when done properly, this is profoundly reassuring to a woman.

Never underestimate the enormous value of the information you get from all of her responses, both positive and negative.

Her biofeedback provides a step-by-step map of the pleasure she is willing to have with you.

By engaging with your partner and getting feedback on what she wants and is willing to experience with you, in small segments of time and energy, you are proceeding to turn her on in what I call “process fashion.” You are arousing her—the biological function we cover in detail in *Seduce Her Tonight*. And this biologic response is channeled into turn-on because she is feeling your exquisite attention on her, and over time, you are learning what turns her on in each moment.

Remember, a really big reason she is getting turned on is that you are helping her uncover what turns her on, moment by moment.

Women don't always know what they want until they have an offer to say “yes” to. Your attention to her and what she wants and willingness to run menus sources that arousal in her. The more offers you make, the greater number of chances you have of finding out where the winning yeses are, and getting her juices flowing!

Help her identify and connect with her turn-on

Women are looking for fun—including sexual fun. Make no mistake about that. But they're far more willing to consume the most fun thing in the moment that requires the least additional commitment (unlike guys, who will often undergo a long series of inconveniences to get to a woman!). When it comes to turn-on, women don't like to think there's a hidden charge account being run up when they accept your offer, either. So make your offers with the clear understanding that she owes nothing more than her enthusiastic consumption of that particular offer. You want to discover her genuine appetite and from that vantage point, help her appetite for sensuality emerge authentically.

A woman will be happy to say yes to a fun offer that she can genuinely accept - especially one that doesn't leave her feeling like she's on the hook for longer than she can genuinely commit. In other words, she doesn't want to feel that your offer is basically a stepping-stone to something else. This means that you must make offers you can enjoy delivering. She may eventually want to spend the whole evening connecting, and even having hot sex. The sexy guy knows just how to elicit her true appetite with exquisite timing via making the right-size offers.

And guys, if you've just met this lady, the same rules still apply. Offer to help her find the dining room at a party, for example, if she appears to be looking around. If you're not sure what she's looking for just try guessing. You could say to her, "I notice you're looking around. I'm wondering if you're looking for the dining room, or the bar?" Whether you're right or not, a woman will feel that you have noticed something about her and that will feel good to her. It will literally turn her on.

There is no limit to how much you can offer to woman. This is the road to riches. By making a woman a series of small offers that she can genuinely say yes to, you create a winning environment where the woman feels better and better about you, your value to her, and her trust in you and your exquisite attention to her desires.

Should you be goal-oriented from the start? Is it okay to be thinking, "Wow, I'd love to have hot, wild sex all night long," and then offer to get her a glass of water? Make genuine offers (ones that you would enjoy delivering and that put you in a place where you can enjoy being with her). If you can't genuinely enjoy sharing the moment with her via a "small" offer, how much fun would it be to be engaging with her sexually anyway?

What to do when your offers are not accepted?

Master lovers understand how the dynamics of the push/pull technique. Push/pull is a natural part of the seduction dance. Push/pull is a term referring to the art of

taking a woman energetically in the direction she was already going. If she seems to be resisting your offers, scale them down. You give her space when you do this. You are acknowledging that her turn-on is dropping, and that clears the way for her interest to pick up again.

If you run her a menu, and she doesn't take you up on any of your offers, you can do one of two things.

- 1- Run another menu of greater variety at the same level of intensity, or,
- 2- Scale down your next series of offers. Maybe your offers felt too big to her in that particular moment.

You can employ push/pull by running menus, teasing, and simply respecting her desire for space, among other ways. Basically, when you give a woman some space, you offer her the opportunity to consciously vote for spending more time intimately with you! And remember, when you keep your offers small, pushes and pulls will be small, too. Lots of small push/pulls will add up to a lot of forward momentum.

A true Erotic Vigilant offers a woman the chance to sort things out, and discover her own natural appetite for fun. He knows the art and value of using timing as part of his overall strategy. When you give a woman this opportunity—by toning down the intensity of your offers and intentions—she appreciates it, as it enables her to connect more deeply in to herself and discover what she can say yes to authentically.

Try This Tonight!

Make a woman a small offer, by paying attention (Erotic Vigilance) to what is going on with her. Make it very small and easy to say yes to. Or run a menu of 3 sweet, easy things.

See if she says, “yes.”

What Else Is In Seduce Her Tonight?

Here’s what you’ll learn:

- Making small offers that will be fun for her to say “yes” to along the way
- The art, practice, and importance of Erotic Vigilance
- Getting physically present to yourself first, then to her, with Noticing
- How to easily put pleasurable attention on her
- How to give acknowledgements that create turn-on
- Getting a String of Yeses from well-placed Small Offers
- Moving her energy forward from general to erotic turn-on
- Running menus that give her lots of ways to choose sensual pleasure

Click here to get more information on the [Seduction Trilogy](#).

About Dr. Patti

Patricia H. Taylor, PhD (“Dr. Patti”) is the world’s most expert leader in the field of Expanded Orgasm.

Through workshops, classes, online programs (*Expand Her Orgasm Tonight*, *Seduce Her Tonight*, *Seduction Accelerator* and *Her Sexual Trainer*) books (*The Enchantment of Opposites: How to Create Great Relationships* and best-seller *Expanded Orgasm: Soar to Ecstasy at Your Lover’s Every Touch*), video (*Expand Her Orgasm Tonight!*), and podcast (*Expanded Lovemaking*), she has taught tens of thousands of singles and couples how to dramatically **enlarge their capacity for pleasure**.



Her extensive research, profound understanding of ancient Tantric texts, and application of cutting-edge science, infuses her work with deep power, and enables her students to achieve **impressive results** in a short time.

Dr. Patti’s work has been featured in the press for years.



Experts Agree

Dr. Patricia Taylor performs sexual magic, transforming the seemingly difficult into the easily-doable. She guides you lovingly from the simple to the profound.

—Charla Hathaway, Founder, Austin’s BodyJoy Intimacy School

Having been under the training of 2 masters in the Chinese tradition of Tai Chi and Sexual Energy Cultivation, I knew instantly that Dr. Patti was no less a true master herself. I regard her work in sexuality as a true path for spiritual freedom and enlightenment.

—Richard Anton Diaz, Founder, Sexy Spirits, New York City

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